

Cleveland Safe Routes to School Second Grade Bike/Ped PE Education



- Sponsoring Organization: Cleveland Metropolitan School District and Saint Luke's Foundation
- Type:
 - Health & fitness
 - Education & safety
- Description: 5-week second grade bicycle and pedestrian safety PE curriculum, teaching students how to walk and ride!

 Designed to culminate in a trail/neighborhood ride
- Year Started: 2016















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- **Participants:** 12 PE teachers trained; ~150-300 students reached annually
 - Staff & volunteers
 - PE teacher trainings led by Ohio City Bike Co-op,
 Bike Cleveland, and Cleveland SRTS coordinator
 - Volunteers recruited for in-class assistance
- Location: curriculum implemented at schools in parking lots or gyms; culminating field trips are on Cleveland Metroparks trails (Canalway, Rocky River)
- **Program frequency:** Implementation dependent on school schedules















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• Benefits, Goals and Results:

- Improved biking skills (riding a 2-wheeler!)
- Learning what to watch for when riding around cars, and how to stop and signal
- Exposure to neighborhood and trail riding, and a lifelong transportation and fitness skill

• Transferability:

- Program success dependent on passion and investment of teachers
- Program model and lessons learned available for interested organizations









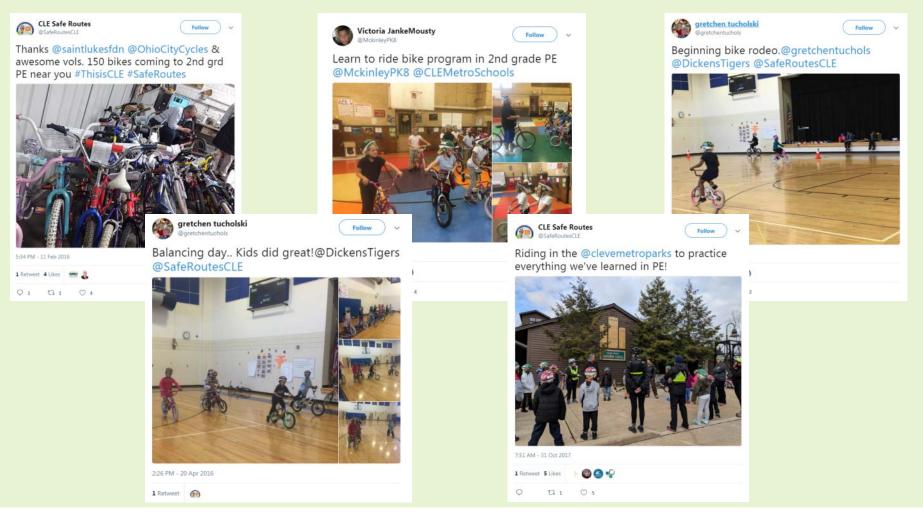






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