

2014 Trails Showcase Recognition Reception Mayfield Village Civic Center

The Greater Cleveland Trails & Greenways Conference – Trails Showcase – is an opportunity for municipalities, non-profits, park systems and for profit enterprises to highlight their accomplishments and share "Best Practices" on the development and construction of trails, bike lanes and related facilities as well as very creative programming conducted on these facilities.

2014 marks the first formal Trails Showcase with a remarkable set of thirty-one nominations from four counties, eleven municipalities & neighborhoods, two park systems, five non-profit organizations and two private, for-profit enterprises. Projects include physical trails, bike lanes and special, physical features which provide for or enhance pedestrian or bicycle use.

Programs are activities or events for people which take place on trails, bike lanes and associated green spaces.

All of the nominations are outstanding. Yet, in order to highlight the most laudable and noteworthy, The GCTG Committee would like to thanks the following individuals for serving on the <u>Recognition Panel</u>:

- *Mr. Terry Allan*, Health Commissioner, Cuyahoga County Board of Health
- **Brian Bernstein**, Immediate Past Chair, American Society of Landscape Architects
- **Alison Cariglio**, Health Educator, Lorain County General Health District

Pam Carson, Ohio State Director, The Trust for Public Land

Bob Downing, Journalist, Akron Beacon Journal

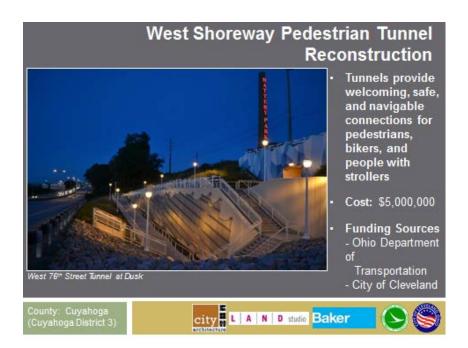
Eric Oberg, Mgr. Trail Development, Rails-to-Trails Conservancy, Midwest

Terry Schwarz, Director, KSU's Cleveland Urban Design Collaborative

Dan Ursu, Immediate Past Mayor, Richmond Heights.

Trails Showcase Committee:

Matt Hils, Behnke & Associates **Elaine Price**, Cuyahoga County Planning Commission **Dan Ursu**, Immediate Past Mayor, Richmond Hts.



After completion of the Cleveland Waterfront District Plan, City Architecture began the initial phases of implementation by developing the Lakefront West Plan. This project addresses the Memorial Shoreway, a barrier that divides the City's neighborhoods from Lake Erie. The redevelopment plan extends from Edgewater Park on the west side, to East 25th Street on the east, and proposes to transform the under-utilized highway to a grand, tree-lined byway, complete with 2 miles of continuous lakefront bike path that tie into existing neighborhoods and Edgewater Park.

A major part of the Lakefront West Plan was the restoration of pedestrian tunnels that connect West Side neighborhoods directly to Edgewater Beach and Upper Edgewater Park, running beneath a busy railroad line and the West Shoreway. The tunnels serve to improve lakefront access and are a great improvement from the dank, foreboding underpasses that previously existed.

Alex Pesta, AIA, LEED AP, Principal 216-881-2444 alex@cityarch.com



George Cantor, Cleveland City Planning Commission gcantor@city.cleveland.oh.us 216-664-3807



Marty Cader, Cleveland City Planning Commission 216-664-2952 MCader@city.cleveland.oh.us

City of Cleveland – Kerruish Park Trail



- Multi-purpose Trail & Park Improvements
- Trail Length: 1.5
 Miles (11 ft. wide)
- Total Cost: \$2.5 million
- Trail Cost: \$832,775
- Funding: City of Cleveland Capital

County: Cuyahoga (Cuyahoga District 9)



Marty Cader, Cleveland City Planning Commission 216-664-2952 MCader@city.cleveland.oh.us

City of Cleveland – Lake to Lakes Trail



- Multi-purpose Trail
- Trail Length: 1.25 miles
- Total Cost: \$1.6 million
- Funding:
- Ohio Department of Transportation
 - Department of Energy through the American Recovery and Reinvestment Act.

County: Cuyahoga (Cuyahoga District 8)









Marty Cader, Cleveland City Planning Commission 216-664-2952 MCader@city.cleveland.oh.us

Cleveland Heights Edgehill Rd. Sharrow & Buffered Bike Lane Buffered Bike Lane uphill and Sharrow downhill Trail length: 700'

County Cuyahoga

Total cost: \$5,500 for striping and markings & \$23,000 for repaying

Funded from the city's local street fund (from license plate fees and gas tax revenues)



A NOACA-funded Transportation for Livable Communities Initiative study identified Edgehill as a top choice for bicyclists. The study's survey found that 80% of respondents were comfortable on a bike lane and 51% were comfortable with a shared use lane. NOACA's annual counts consistently find an average of 50 bicyclists per hour during peak times, making it the most heavily biked roads on the east side. The 36' roadway was in need of repaving, so restriping was simple on new asphalt. Before implementation, the proposed plans were illustrated on easy-to-understand photographs that were shown to the Heights Bicycle Coalition and Bike Cleveland for input. As a 5' bike lane was being laid out on the roadway, a bike advocate caught me and asked if we could make the lane an extra foot wider, which the striping company did without extra cost.

Richard Wong, Director, Department of Planning & Development, City of Cleveland Heights

216-291-4868

rwong@clvhts.com



County: CUYAHOGA District #8







The Village of Cuyahoga Heights has been planning the construction of the multi-purpose trail from Bacci Park for over ten years. The trail came to fruition with the help of two grant programs, the Ohio Department of Natural Resources' (ODNR) Clean Ohio Trails Fund (COTF) and with the Federal Highway Association's (FHA) Recreational Trails Program (RTP). The Multi-Purpose Trail is a "Rails-to-Trails" success story, as the project converted an old CSX railbed to a now frequently used trail. Cuyahoga Heights is a heavily industrialized first suburb so all greenspace is of the utmost importance. The trail provides views of some of the best preserved sections of the Millcreek and led to the clean-up of Sunny's Pond, a natural pond that previously was difficult to access. The trail's next phases will connect Bacci Park, which is located on Canal Rd. to the Village's Civic Center on E 71st Street. (School System, Village Hall, and primary residential area). Funding has been secured for this phase through the Transportation Alternatives Program. Project completion is scheduled for 2017.

Mayor Jack Bacci 216-641-7020

<u>j.bacci@cuyahogaheights.com</u> cc: <u>l.schoeffler@cuyahogaheights.com</u> r.contipelli@cuyahogaheights.com jessica@silverlodeconsulting.com

Lake Metroparks Fairport Harbor Lakefront Park Harbor View Deck Boardwalk-style deck/trail on top of sand beach About 500' Construction cost: \$8,600 Labor: 456 hours Designed, funded and constructed by Lake Metroparks

The total project consists of about 490 feet of 6' wide floating boardwalk with 6-10' wide by 6' deep decks.

Ground contact treated 2"x8" "feet located at the 10' seams and one in the mid-span supporting four ground contract treated 4"x4"x10' spaced evenly across the 6' span and changing to 12' with at the deck areas and decked with 2"x8" MCA treated lumber.

The project was built in two phases:

- first phase: about 200' of boardwalk in May of 2013 with about a week of labor (120 hours) requiring \$2,200 to construct
- second phase: completed in March 2014 at about two weeks with \$5,400 and 320 hours of labor built within house staff.
 Additionally benches were added at \$500 (16 hours).

Guy Wagner 440-639-7275 gwagner@lakemetroparks.com



Diane Wolgamuth, Director of Administration Mayfield Village 6622 Wilson Mills Road Mayfield Village, OH 44143 440-471-1048 - Direct dwolgamuth@mayfieldvillage.com

Christian Lynn, RLA, ASLA
Landscape Architect
URS - Cleveland Office
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Architects | Engineers | Planners
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Christian.lynn@urs.com







Town Center Trail

- All-Purpose Trail (10-footwide asphalt)
- 1.1 Miles
- \$300,000 Cost
 - \$30,000 Design
 - \$270,000 Construction
- Funding Sources
 - \$150,000 ODNR Recreational Trail Program
 - \$10,000 Girl Scout Fundraising
 - \$5,000 Friends of the Park Donation
 - \$125,000 City of North Ridgeville Park Improvement Funds

County: Lorain



CITY OF NORTH RIDGEVILLE

What started several years ago as a Girl Scout Gold Award project for then two high school girls, Morgan Rogers and Caitlyn Tipple, is now becoming a reality. The Town Center Trail construction will begin this May with an expected completion date of no later than June 30, 2014. When completed, the 1.1-mile all-purpose trail will connect community assets in North Ridgeville's Town Center including South Central Park, Senior Center, City Hall, North Ridgeville Branch Library, and North Ridgeville Middle School. The 10-foot wide asphalt trail will provide residents with a dedicated recreational pedestrian and bicycle facility.

Kevin M. Fougerousse
Parks & Recreation Director, City of North Ridgeville
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kfougerousse@nridgeville.org

CITY OF PARMA HEIGHTS BIG CREEK CONNECTOR TRAIL



Trail Length: 1,600 feet or 1/3 mile

Bridge Span: 116 feet

Total Cost: \$320,000

Funding Sources:

- ODNR Recreational Trails Fund \$150,000
- Community
 Development Block
 Grant \$150,000
- Cleveland Metroparks \$20,000

County: CUYAHOGA District 4









Joseph E. Sebes, Director of Community & Economic Development, City of Parma Heights (440) 884-9600 x32 ced@parmaheightsoh.gov



Pepper Pike had planned to move forward with a fairly major rehabilitation to Lander Road, and had struggled with ways to improve pedestrian and cyclist safety without significantly increasing the cost of the project. The City was also looking to reduce speeding on this primarily residential roadway. The existing roadway geometry allowed for a relatively simple solution: restripe the new pavement with an edge line that would allow for a four-foot berm area next to the travelled roadway. The reduced lane width for motorists, while still of adequate width, tends to slow vehicular traffic, and the edge line provides a defined area for cyclists and pedestrians to utilize. Additional signage was added to enhance safety and increase driver awareness of the cyclist use.

Don Sheehy, P.E. City Engineer (440) 439-1999 sheehy@cvelimited.com

City of South Euclid: Oakwood Green



- Multi-Purpose Asphalt Trail
- Length: One Mile
- Cost: \$400,000.00
- Funding Sources: Funded entirely by First Interstate Properties

County: Cuyahoga District 11







- 1. The 21-acre public greenspace features a multi-purpose asphalt trail
- 2. First Interstate Properties constructed the public greenspace and then donated it to the City of South Euclid, as part of the Development Agreement with the city which allowed for the construction of the adjacent Oakwood Commons Shopping Center
- 3. It features over a one mile looped trail with fitness stations throughout
- 4. Total Cost: \$400,000
- 5. First Interstate paid the entire construction cost and will make a \$12,000 annual payment to the city for on-going maintenance
- 6. The public greenspace represents an over 50% increase in the amount of parkland now available to the residents of South Euclid.
- 7. It also represents the first time in over 100 years the public has had access to the former Oakwood Country Club Property. The land has now been restored to its natural state.

Michael Love, Economic Development Director (216) 691-4205 mlove@seuclid.com

Bike & Hike Trail Brandywine Road



- Type: All-purpose trail
- Length: 1 mile
- Cost: \$2,629,140
 - Design = \$283,540
 - Construction = \$2,345,600
- Funding Sources:
 - Transportation Enhancement Program = \$700.000
 - Recreational Trails Grant = \$150,000
 - Summit County Community Grant = \$31,000















Bike & Hike Trail Brandywine Road Trail Realignment 2012:

The Brandywine Bike & Hike Trail project involved the relocation of a 1.06-mile section of the trail off-road that was using Brandywine Road. The new alignment passes through natural and partially developed areas and affords cyclists and pedestrians a more scenic and safe travel route. The Bike & Hike Trail is over 33 miles long and covers a large portion of Summit County. Project was initiated and lead by Summit Metro Parks along with Cuyahoga Valley National Park.

The Bike & Hike Trail project connect the two ends of the multi-purpose trail on Brandywine Road with an off-road connection. Also, the trail will travel behind the Inn at Brandywine Falls (bed and breakfast) and connect directly to the Cuyahoga Valley National Park at Brandywine Falls near the parking lot. Project goals:

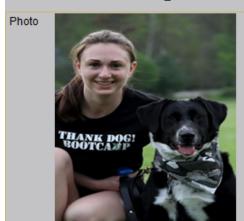
- Improve visitor accessibility
- Improve visitor experience
- Separate vehicles and pedestrians
- Avoid impacts to natural and cultural sensitive areas

Planning started for this project in 2003. After several options were considered the current trail design was chosen. GPD Group was contracted to design the project in 2009. And the project was constructed in 2011-2012 by Cavanaugh Building Corporation and ODOT. Major obstacles to overcome included: I-271, Brandywine Creek, steep grades, National Park Service process, private property, vacating roads and protecting natural and cultural resources.

Mark Szeremet

330-867-5511 x 212, mszeremet@summitmetroparks.org

Your Dog is Your Workout Partner



- City of Beachwood Recreation Department
 - Health & fitness
 - Nation's first outdoor fitness program for people and dogs
 - Fun and Challenging workout
 - Dog Training included
- First class: 2009 in California.

County: Cuyahoga (Cuyahoga District #)



Thank Dog! Bootcamp was founded and developed by Jill Bowers, a longtime Ohio Native and Noelle Blessy. Jill began her career in extensive dog training in 2000, and spent the next 9 years attending and training in every facet of dog training available to her. They developed the program in 2009 and has expanded the program across the nation. Jill has been featured on The Animal Planet's Dogs 101, the Dog Whisperer, appeared on the Today Show, Access Hollywood, MSN, Good Morning America, and numerous Pet magazines. Heidi Braun, the licensed instructor and owner of the North East Ohio Thank Dog! Bootcamps, was trained by Jill and Noelle in 2012 and brought their Thank Dog Bootcamps to Northeast Ohio.

Class is taught in Beachwood City Park, Saturday and Sunday Mornings, April – October. Class is moved indoors to the Beachwood Community Center November – March.

Class combines cardio drills and weight training while integrating obedience commands with the dogs.

REQUIRED: be sure to provide contact information for more information on this project

Pete Conces, Recreation Supervisor 216-292-1970

Pete.Conces@beachwoodohio.com

Bicycle and Pedestrian Safety Enforcement Training



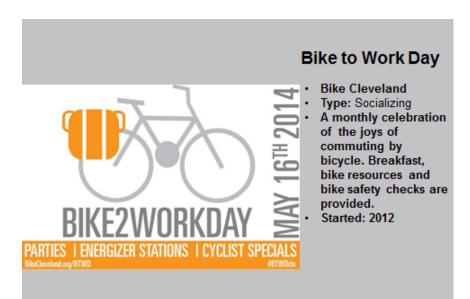
- Bike Cleveland
- Type: Education
- A multi-touch training continuum for local police officers to help them learn how to enforce laws to make walking and biking safer.

Started: 2014

County: Cuyahoga All Districts



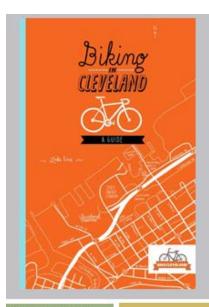
Jacob VanSickle, Bike Cleveland 216-245-3101 Jacob@bikecleveland.org



County: Cuyahoga 2,3,7,8,9,10



Jacob VanSickle, Bike Cleveland 216-245-3101
Jacob@bikecleveland.org



Biking in Cleveland Guide

- · Bike Cleveland
- Type: Education
- A Guide to help educate people on how to incorporate biking into their everyday life. Includes laws, riding with traffic, maintenance, and much more.
- Published 2014

County: Cuyahoga 2,3,7,8,9,10



Jacob VanSickle, Bike Cleveland 216-245-3101

Jacob@bikecleveland.org

Glenville Bike Fix-a-thon



- Bike Cleveland, Famicos Foundation, University Circle Inc.
- Type: Education
- A program that provides free bike repair to cyclists in the Glenville neighborhood.
- Started 2012

County: Cuyahoga District: 9









Jacob VanSickle, Bike Cleveland 216-245-3101 Jacob@bikecleveland.org

Random Acts of Brightness



- · Bike Cleveland
- Type: Education
- A bike light intercept program where volunteers equipped with bike lights ride around in the evening and give them to unlit people on bikes.

Started: 2013

County: Cuyahoga 2,3,7,8,9,10



Jacob VanSickle, Bike Cleveland 216-245-3101
Jacob@bikecleveland.org

Ride Together: Bike Safety Awareness Campaign



- Bike Cleveland
- Type: (Education & safety
 - Greater Cleveland's first ever public awareness campaign dedicated to raising the awareness of the public around bike safety

Started: 2013

County: Cuyahoga 2,3,7,8,9,10



Jacob VanSickle, Bike Cleveland 216-245-3101 Jacob@bikecleveland.org

Tandem Bike and Hike



- To provide access for people who are blind, visually impaired and may have additional challenges to Cuyahoga Valley National Park and sports and leisure activity
- · To Improve Health & Wellness
- To offer Education Safety Training, and New Skills
- Access to Nature through social activity
- Exposure to diverse cultures & history of CVNP
- Year Started c.1990



County: Summit



Imagine the sublime pleasure of riding a bike on a nature trail, wind on your face, exhilarating feeling of speed and action, getting healthy, appreciating diverse habitats along your journey, and the satisfaction of becoming or staying fit and healthy. Now imagine you are blind and the satisfying experience of tandem bike riding with a friendly captain to achieve this same experience with added meaning and value to your quality of life. Cleveland Sight Center's Tandem Bike and Hike Program began c.1990. to provide the opportunity locally for our clients. The program began small with a donation of a tandem bike to the agency. Volunteer 'captains' or 'pilots' would ride on Martin Luther King Dr. from our University Circle location with sometimes anxious but always adventurous clients seeking ways to be independent and included in fitness and outdoor activities. Bike and Hike utilized paths in the Cleveland Metroparks before the program eventually found partners in the Cleveland and Akron Hiking Clubs but really came into its own in 2005 through a partnership with the Cuyahoga Valley Recreation Area, now National Park. Best practices include strict safety guidelines, all riders wear helmets, no sandals, and receive hands on training. Donuts, while enticing are not a healthy start up snack... fruit, vegetables, granolas make for better snacks, hydration is mandatory, and matching captains with riders based on compatibility and size is important. Offering the opportunity to hike while waiting your turn to ride offers additional benefits to 'hear' and feel the nature trail, continue physical fitness activity, and socialize with peers and sighted volunteers.

Greg McGrath (216) 658-4592 gmcgrath@clevelandsightcenter.org

After-School Bike Clubs



County: Cuyahoga Cuyahoga District 10

- Heights Bicycle Coalition / CH-UH PTAs
- Type:
 - · Health & fitness
 - Education & safety
 - Nature
 - · Culture & history
- After-School Bike Clubs teach students Smart Cycling as they explore their community by bike
 - April 2012 present





After School Bike Clubs are 6-week safe and smart biking instruction and recreation clubs for students; the clubs use multiuse trails and bike paths in addition to minor roads for the clubs' weekly community rides. These clubs have been hosted by Fairfax and Canterbury Elementary Schools in the Cleveland Heights – University Heights School District and sponsored by the Heights Bicycle Coalition. Heights Bicycle Coalition seeks to encourage cycling as a healthy, fun and sustainable form of transportation and recreation in the community.

Sarah O'Keeffe 330-807-9518

saraheokeeffe@gmail.com

Free Wheelin' Wednesdays



- Heights Bicycle Coalition
- Type:
 - Health & fitness
 - Nature
 - Culture & history
- FWWs are free, biweekly social rides in the Heights' community during summer months
- · 2011 present





County: Cuyahoga Cuyahoga District 10

Free Wheelin' Wednesdays are Wednesday evening rides that showcase the region during the summer months. These social rides are open to all cyclists of all ages, with some rides geared specifically towards families.. FWW rides all begin at the Coventry Peace Arch and finish by dusk. Riders are asked to wear helmets, have bikes in good working order and sign a liability waiver. Riders are encouraged to meet their neighbors and learn more about their community by bike!

Sarah O'Keeffe 330-807-9518 saraheokeeffe@gmail.com

Earn-a-Bike



Ohio City Bicycle Co-OP

Type:

- Health & fitness
- Accessibility, special needs, & socializing
- Education & safety
 1995, Relaunched
 2001

County: Cuyahoga (District 7)



OCBC's Earn A Bike program is an in-depth course of bike repair and riding for youth. By completing the program, students earn a refurbished basic mountain bike, with a new helmet and lock. This program is free for any child (though any donations from satisfied parents are always appreciated!). With 15 hours of training in bike maintenance and safe cycling, this program is the best way we can help young riders use bikes safely and effectively. Participants earn their bike by doing bike-repair tasks, and by learning and practicing safe-cycling Traffic Skills.

Jim Sheehan, ED OCBC (216)346-3526

Sheehan.Jim@gmail.com



Laura Locker, MS Ed Progressive Fitness Centers National Fitness Manager Direct: 440-395-0101

Llocker1@progressive.com

Richfield's Trail System Mayor's Fitness Challenge



Richfield Village in cooperation with University Hospital are the sponsoring organizations.

Health & Fitness & Nature

The Mayor's Fitness Challenge was started to promote a healthy lifestyle and exercise in the community..

The program was started in 2013.

Summit County

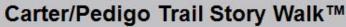




MAYOR'S FITNESS CHALLENGE: The program was started when the Village of Richfield partnered with University Hospital as our medical advisor to our Fire Department. UH offered to work with the Mayor on a fitness program that included so many hours a week of exercise. Mayor Beshara started a regular walk program on our trails the first year (also included any fitness program you participate in) this could be private, Zumba, Jazzercise etc.

Ruth Jocek, Director, Richfield Parks and Recreation 330-659-5818

recreationdept@richfieldvillageohio.org





- Richfield Village
 - · Type:
 - · Health & fitness
 - Socializing
 - Education & safety
 - Nature
 - Culture & history
- Description: The story boards are the design of our service department sign man, Randy Shero. They were an idea of Richfield Liberian Diane Nagy who suggested we put them on the trail.
- Year Started 2012

Summit County



Friends of Richfield Library



Carter/Pedigo Trail Story Walk™: Richfield Librarian, Diane Nagy approached me with the idea of the Story Boards™ she saw in a Library circular. We discussed it with our in house sign man, Randy Shero and asked if he could construct something for us. He designed it and we proceeded to ask the Richfield Friends of the Library for a donation to construct them. They gave us \$500 and we did it! We came pretty close to our budget and installed 16 boards. The Richfield Library changes the Story Walk™ board once a month on a regular basis.

In conjunction with the Library the Parks and Recreation Department will participate approximately two times a year one being October to do a scary walk, something related to the story on the boards. This year the Revere schools are having the children write poetry and twenty of the best will make it into the boards. We are hoping to also do a fall leave identification in conjunction with the boards.

Richfield Village Parks and Recreation , Ruth Jocek, Director 330-659-5818

recreationdept@richfieldvillageohio.org





 Slavic Village Development

- · Health & fitness
- Accessibility, special needs, & socializing
- Nature
- · Culture & history
- 5k Run & Fun Walk along the Morgana Run Trail in Historic Slavic Village
- 2012

County: Cuyahoga (Cuyahoga District #)



The Annual Slavic Village Pierogi Dash 5K Run and Fun Walk (formerly known as the Morgana 5K Run 2007-2012) was started by Slavic Village Development in 2007 as one way to introduce the new trail to neighborhood residents and recreational cyclists throughout the City and to promote a healthier, more active community. Expanded in 2012 to include a Fun Walk complete with a contest for best Polish costume and renamed the "Pierogi Dash", the race has now doubled in size. The Pierogi Dash promotes the active living component of our brand identity. Elizabeth Grace

(216) 429 - 1182 x102

Elizabethg@slavicvillage.org

Slow Roll Cleveland



Sponsoring Organization: Slow Roll Detroit & Detroit Bike City

Type:

- Health & fitness
- Accessibility & socializing
- Culture & history

Description: A weekly social ride that is accessible for everyone. It follows traffic laws and respects other road users.

Year Started: 2013

County: Cuyahoga District 2, 3, 7, 8, 9, 10



Slow Roll Cleveland originally came to be as a result of a conversation on Facebook and a fascination with the City of Detroit. The conversation was basically proposing, well suggesting, starting and having Slow Roll happen in Cleveland as a result of how it had grown in Detroit. As I came to find out, Detroit was the origin of the Slow Roll ride concept. The two people in the above mentioned conversation never did anything beyond say, "wouldn't it be nice if," and that's when I came in and said that if no one starts a group within a day that I would start it. Thus, Slow Roll Cleveland was started. I then got in contact with the leaders of Slow Roll Detroit/Detroit Bike City and eventually was able to meet with them and got to see the ride in action. That helped to create a more concrete idea of how I would begin the ride here in Cleveland. From there, I started to lead the ride, simply meeting once every few weeks and picking out a general route to ride. This year, I actually worked on organizing and delegating responsibility to make the ride truly grow in a meaningful way.

The best practice in my own estimation is to organize early, often, and with much detail. This prevents many of the problems that spontaneity of the "Hey, Let's ride" idea. Another best practice is to follow the example of those who have blazed the trail first in order to avoid many of the problems of being first on the block(aka working out the kinks)

Samuel J. Willsey
330-207-4202
sjwillsey2222@gmail.com, slowrollcle@gmail.com

Back Roads and Beaches Bike and Multisport Route



- Lorain County Heritage/Visit Lorain County
- Type:
 - Health & fitness
 - Nature
 - · Culture & history
- The route was created to encourage more travel by bike and less by motorized vehicle by offering a premier recreational route combined with culture, arts and history in Lorain County
- Year Started: 2007

County: Lorain





In 2007, under the leadership of the Lorain County Visitors Bureau, Lorain County Heritage created the Back Roads and Beaches bike and multi-sport route of North Central Ohio to provide a low-traffic, scenic route that takes cyclists through 100+miles of Underground Railroad history, culture, arts, pristine nature, and Lake Erie shoreline. In addition, the route features permanent signage and leads riders to orchards, wineries, restaurants featuring healthy choices and locally grown foods. Along the way, participants can bike, hike, camp, kayak, fish, swim, run and bird-watch.

Barb Bickel 440.984.5282 bbickel@visitloraincounty.com