

# Greater Cleveland Trails & Greenways Conference

**Happy Trails &  
Healthy People**

**Monday, June 7, 2010  
5:00-7:00 PM**

Polaris Career Center  
7285 Old Oak Blvd.  
Middleburg Heights

## **Health and Trails Fair**

- \* Free health screenings
- \* Nutrition Info
- \* Learn about current and proposed trails & greenways
- \* Connect with trail users and trail organizations
- \* Learn about recreation & fitness groups and activities
- \* Guided trail walks on the Lake to Lake trail  
5:30 PM tour for seniors; 6:30 PM tour for kids

This **FREE** event follows the first Greater Cleveland Trails & Greenways Conference being held earlier the same day. To learn more about the Conference visit **GCtrails.org**.

APA Cleveland • City of Middleburg Heights • Cleveland City Planning Commission • Cleveland Metroparks • Cuyahoga County Board of Health • Cuyahoga County Planning Commission • Floyd Browne Group • Friends of Big Creek • National Park Service: Rivers & Trails • Northeast Ohio Areawide Coordinating Agency • Northeast Ohio Regional Sewer District • Old Oak Bible Church • Polaris Career Center • Southwest General Health Center • West Creek Preservation Committee



*Discover how Trails and greenways can be part of a fun and healthy lifestyle!*



*Friends of Big Creek*